

TOUR DU MONT BLANC

No major technical difficulties but a long tour, so make sure your backpack is as light as possible.

In 10 days cover a distance of about 170km with 10km of ascent & descent
This is the whole tour. None of this 'do it in 7 days' because you ride buses half the way! It is a walk through Switzerland, France and Italy.



Alpenglow on Mont Blanc

DAY I Champex Lac (1460m) – Trient (1326m)

Walking time:	Approx. 5.5 hrs
High points:	Bovine 1975m, Col de la Forclaz 1526m
Altitude changes:	+515m, -649m
Accommodation:	Gîte la Gardienne

DAY II Trient (1326m) – Tré le Champ, Argentière (1417m)

Cross into France today!

Walking time:	approx. 5 hrs
High points:	Col de Balme 2191m
Altitude changes:	+865m, -774m
Accommodation:	Gîte La Boërne

DAY III Tré le Champ, Argentière (1417m) – Bellachat (2136m)

Walking time:	Approx. 8 hrs
High points:	Col Brévent 2368m, Le Brévent 2525m
Altitude changes:	+1108m, -389m
Accommodation:	Gîte Bel Lachat

DAY IV Bellachat (2136m) – Refuge du Fioux (1500m)

Walking time:	Approx. 5 hrs
Low & high points:	Les Houches 1008m, Col de Voza 1653m
Altitude changes:	-1281m, +645m
Accommodation:	Refuge du Fioux

DAY V Refuge du Fioux (1500m) – Refuge Nant Borrant (1460m)

Walking time:	Approx. 5.5 hrs
Low points:	Tresse 1020m
Altitude changes:	-480m, +440m
Accommodation:	Refuge Nant Borrant

DAY VI Refuge Nant Borrant (1460m) – Les Chapieux (1554m)

Walking time:	Approx. 6 hrs
High points:	Col Croix du Bonhomme 2433m
Altitude changes:	+973m, -879m
Accommodation:	Ref La Nova

DAY VII Les Chapieux (1554m) – Rif Elisabetta Soldini (2200m)

Cross into Italia!

Walking time:	Approx. 5 hrs
High points:	Col de la Seigne 2516m
Altitude changes:	+962m, -316m
Accommodation:	Rif Elisabetta Soldini

DAY VIII Rif Elisabetta Soldini (2200m) – Rif Bertone (1989m)

Walking time:	Approx. 6 hrs
Low points:	Courmayer 1226m
Altitude changes:	-974m, +763m
Accommodation:	Rif Bertone



wild alpine flowers



DAY IX Rif Bertone (1989m) – Chalet La Peule (2071m)
Cross back into Switzerland

Walking time:	Approx. 7.5 hrs
High points:	Grand Col Ferret 2537m
Altitude changes:	+548, -466m
Accommodation:	Gîte d'alpage La Peule (sleep in yurt)

DAY X Chalet La Peule (2071m) – Champex Lac (1460m)

Walking time:	Approx. 6 hrs
Low points:	Issert 1055m
Altitude changes:	-1016m, +405m



Mont Blanc with Lac Léman

Reserve your CherriesWalks expedition today _____

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